

Emotional Clearing Certification

2024



Who is this for?

High performance leaders, Consultants, Coaches, Executives, and Entrepreneurs who are committed to making a significant difference in the world. If you're committed to professional excellence and high positive impact, we're teaching a cutting-edge method for emotional mastery that will enable you to perform at your highest level of performance and potential.

Why is it important?

We are in an uncertain and volatile world that is in constant change. Those who can stay steady, centred, focussed become incredibly impactful and influential leaders and advisors.

If you are a leader who struggles with any of the following, learning these skills will be invaluable in helping you manage your emotional state so that you can tap into your full potential, shift into a flow state and be the best leader you can be.

These emotional clearing skills will help you shift some of the underlying beliefs, emotions and narratives that are getting in the way of utilising your skillset.

Leaders, Executives and Business Owners with these skills have taken the results to the next level for themselves, their clients as well as positively impacting their revenue growth.

It's a form of emotional intelligence and self-regulation that goes beyond every day well-known strategies.

What's it all about?

Emotional Clearing for Leaders Certification is a skills intensive in the clearing tools of The Spiral. The Spiral is founded on the synthesis of a variety of dynamic transformational frameworks. These elements combined creates a powerful map to find and clear hidden blocks in your unconscious mind easily and effortlessly in seconds. Knowing these maps gives you a systematic pathway to release unwanted programming that holds you back from actualising your potential and executing on your plans and strategies to achieve your desired results.

It's a form of emotional intelligence and self-regulation that goes beyond every day well-known strategies.

What outcomes can I expect?

IN THIS CERTIFICATION TRAINING YOU CAN EXPECT TO LEARN A CUTTING EDGE METHOD THAT INSTANTLY ENABLES YOU TO:

- Shift your energy levels to align to a high performance state.
- Dissolve limiting beliefs and emotional baggage in seconds to take rapid, aligned action.
- Gain new insight to shift interpersonal conflict dynamics.
- Clear emotional blocks that stand in the way of you creating the results you want.
- Be recognised for your talents by others and yourself.
- Respond to challenges from an empowered place, no matter what the circumstances.
- Feel 100% conviction about the value you add to your team & your role.
- Align to your next level of earning capacity & income revenue.
- Be able to step into and accept higher levels of opportunity and responsibility with confidence.
- Feel confident in your communication to influence and impact your teams with conviction.
- Clarity to take aligned actions that lead to high performance and results in your career and life.
- Decrease performance anxiety, hypervigilance or Imposter syndrome or worry about how others perceive you.

How do you deliver the program?

This is a combination of live online immersion sessions plus watching videos prior to each weekly session.

You will receive a manual and access to a portal containing the live event recordings that will be available for you to refresh for 12 months. The immersion sessions focus on developing your practical application of emotional clearing tools.

Dates: Every Tuesday , 9 am to 12.30 pm AEST

Session 1: 27 February

Session 2: 5 March

Session 3: 12 March

Session 4: 19 March

Session 5: 26 March

How will this help to grow my business?

Using these skills you can dissolve your money blocks, insecurities, fears and frustrations rapidly. This will help keep you calm and focussed in high pressure situations and enable you to step up when challenging opportunities arise that will expand your capacity for leadership and business growth.

When you learn how to clear your internal blocks you can create outcomes in your work environment even faster than ever before. This method helps to take your business to the next level, without force, bringing more flow into your daily state at work. If you're a leader, executive or coach, gaining this Emotional Clearing Certification and understanding of these methods at your fingertips will help you work better with your team and develop stronger personal & professional relationships.

What do I learn?

Emotional Clearing for Leaders Syllabus

- Learn how to connect with the deepest part of your unconscious mind instantly to be able to make decisions aligned to your inner wisdom.
- Discover how to consciously work with your internal world to align yourself to success.
- Discover how to release stress instantly to balance and re-align your nervous system in moments of stress.
- Learn how to bring more ease, flow, joy and wisdom to your business-making decisions.
- Learn how to align to your internal power centres to align yourself to be, do and have anything you want in your career and life.
- Learn how to independently move yourself out of energetic slumps using this emotional clearing method, so that you can continue your high performance and work and move back into an empowered state rapidly.

Emotional Clears can also support you in the areas of your professional relationships, your self-beliefs, your wealth and personal work standards.

The Types of Clears that you'll learn in this certification & immersive learning program:

- **Relationship Clears**
We all have conflict, disagreements and emotional distress that can show up sometimes at work. Imagine how wonderful it would be to be able to shift a grudge or move through a conflict or upset in a matter of minutes.
- **Statement Clears**
Discover the fastest way to test if you are holding an unconscious belief, and clear it in seconds. When you can bring yourself back to harmony and neutrality on any topic you gain an immense level of power to make aligned decisions with ease.
- **Quadrant Clears**
Learn how to shift and clear internal conflict in minutes. If you've ever felt torn about making a professional or personal decision, this process will help bring instant clarity and conviction.

Facilitators

This program is led by Mei Ouw and co-facilitated by Kylie Ryan who combined have over 30 years experience coaching and facilitating leadership and coaching programs.



MEI OUW

Transformational as a facilitator and empathetic as a coach, Mei's insightful and direct approach adds a fresh perspective to situations, making her sought after in the leadership space.

She develops and delivers impactful experiential leadership coaching programs designed to move people into a space of true adaptive leadership. Her objective is to raise consciousness at both an individual and team level in order to deal with complex issues from a new level of thinking.

Mei is committed to helping people to self-actualise in both their professional and personal lives. She has delivered over 7500 hours of individual and group coaching and has worked across all levels of leadership. With a background in psychology Mei has an in depth understanding of human behaviour and works with clients to develop their behavioural flexibility and thinking. This facilitates new perspectives and creates innovative and effective leadership solutions.

Mei holds a double degree in Law and Psychology and is accredited in Human Synergistics' LSI, DiSC, MSCEIT, The Leadership Circle and is an NLP Trainer. She is an accredited trainer with both the American Board of NLP, the NLP Association of Australia and the Time Line Therapy Association.



KYLIE RYAN

Kylie Ryan is a Peak Performance Coach, NLP Coach Trainer, and Performer who supports the next wave of coaches, change-makers, entrepreneurs and artists to reveal their true voice, and embody their life's purpose and mission. She specialises in working with passionate professionals who empower human transformation and create positive change.

For over 18 years she has coached and trained thousands of clients to transform themselves and achieve results in both their personal and professional lives.

Kylie works in private practice with apex entrepreneurs globally (7 figures+) who are scaling fast, but who need to realign their inner game, to avoid burn-out and anxiety, so that they can maintain clarity and focus on their mission.

She also passes on her experience in coach training, by mentoring new coaches to become more confident, skilled and masterful in the Art of Transformational Coaching.

Known as the secret weapon of the world-most successful Global Business Coaches, she is an extraordinary speaker, facilitator and coach that ignites the flames of passion of everyone she works with.

Kylie holds a Bachelor of Arts in Communications & Writing, is an accredited NLP Trainer, Advanced Spiral Practitioner, NLP Clinical Member, Certified Developmental Coach and is Accredited with the NLP Association of Australia, and the International Institute of Complementary Therapies.

Frequently Asked Questions

WILL THIS HELP IF I AM A BUSINESS COACH?

Yes! Absolutely. If you are a business coach that is interested in going beyond giving advice and would like to help your clients really follow through on your strategic advice, learning emotional clearing will radically uplevel your confidence in your ability to get results, and help your clients follow through faster. It is the perfect accompaniment to your expertise in business.

I RUN A LARGER COACHING BUSINESS, CAN I BRING MY COACHING TEAM IN?

Yes. We can discuss a CEO & team rate to join this training depending on how many team members you would like to train up with us. At the CEO level there is also an option to get 1:1 support with one of our Executive Coaching team or with Kylie or Mei directly

I HAVE ANOTHER QUESTION!

Our team are here to answer all your questions. Just email us at mei@meiouw.com and we'll help you get clear on whatever you need to know.